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Schiller, Carol is the author of '500 Formulas for Aromatherapy Mixing Essential Oils for Every Use' with ISBN 9780806905846 and ISBN 0806905840.

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This encyclopedic book contains, in practical and easy-to-understand form, every conceivable use for essential oils and aromatherapy in everyday life. The author, a practicing aromatherapist for more than twenty years, unlocks the power of essential oils in more than 600 original recipes, most needing only a few essential oils. Unlike over-the-counter products, the recipes you make yourself contain no harmful preservatives. Most basic needs can be covered with just ten essential oils.

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Step into the fantastically fragrant world of magical oils and discover a new, invigorating way to delight your senses, uplift your spirits, improve your health, and enjoy total relaxation. Whether your intention is magical or medicinal, specially blended essential oils can enrich your life with their mystical, energizing, and transformative power. Within this one-of-a-kind portable apothecary, you'll learn to select and mix 67 essential oils for a myriad of magical, medicinal, and spiritual applications. Spanning every purpose from inner calm and romance to healing and energy work to prayer and spellcraft, all 1,200 recipes are arranged alphabetically to make it easy to find precisely what you need. Step by step, Celeste Rayne

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All over the world, people are turning toward homeopathic

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and alternative medicines. Essential Oils for Healing is an easy-to-use guide for anyone who wants to learn how to use essential oils to heal a multitude of ills. Ailments are listed in alphabetical order and are accompanied by hundreds of recipes you can re-create at home using the essential oils at your disposal. Tips on safe handling and usage, contraindications, and storage ensure that even the most novice of essential oils user can get the healing benefits from our planet's natural resources. Did you know that a few drops of lavender oil can be added to your kids' shampoo to protect them from head lice? Or that a drop of clove oil mixed with orange oil can relieve a mind-numbing toothache? Common, everyday problems such as nausea, dry skin, and insect bites to more serious issues like migraines and arthritis are

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"Highly recommended to anyone that has an interest in aromatherapy and the energetic and vibrational aspects of essential oils."—Kelly Holland Azzaro, Past President of the National Association for Holistic Aromatherapy "An excellent

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