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Introducing Active IQ's new Level 3 Pre and Postnatal qualification Cyq Level 3 Nutrition Mock
The following mock exam is provided as a FREE resource by HFE for students working towards the Level 3 Nutrition and Weight Management and the Level 3 Nutrition for Physical Activity qualifications.

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These programmes are qualifications in their own right, but also form mandatory units within the Level 3 Certificate in Personal Training and the Level 3 Diploma in Advanced Personal Training.

Level 3 Nutrition and Weight Management Mock Exam
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This is a **MOCK PAPER ONLY** and is solely for revision purposes. All questions are multiple choice. Calculators are permitted. This theory paper has 40 marks (each question is worth 1 mark). A minimum of 28 marks overall (70%) is required in order to pass.

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It ' s essential to maintain a healthy lifestyle. Nutritionist advice on keeping a healthy diet and avoiding junk foods, drinking lots of water, and doing excises daily. There are programs people can join to help aid in maintaining a healthy life. Take up the quiz to learn more about nutrition programs.

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Course: Mock Exams

This nutrition qualification is a mandatory part of the Level 3 Certificate in Personal Training, but it also represents a fantastic CPD opportunity for Pilates instructors, yoga teachers and group exercise professionals looking to expand the range of services they offer to clients.

Level 3 Nutrition to Support Physical Activity Course | HFE

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2 and Level 3 mandatory units. Click on the title of the paper you are currently studying or wish to refresh your memory on in order to be taken to the quiz. You can complete these quizzes as many times as you wish but the pass score is equal to that expected in your main theory assessment ...

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First Personal Trainer apprentice in England to pass new 'YMCA Awards Level 3 PT End-Point

Assessment' Posted: 04 March 2020 On Friday 28th

February 2020, 21 – year-old Lee Wainwright from Chester was the first ever apprentice in the country to pass the all-new 'YMCA Awards Level 3 Personal Trainer End-Point Assessment' (EPA) at Cheshire College South and West.

YMCA Awards | The UK's leading awarding organisation for ...

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Nutrition and Weight Management CYQ level 3 - 10621

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Level 3 Nutrition Mock Exam

The heart is a guaranteed topic to appear in the exam.

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In fact you can bet on at least 5 questions to come up! Having taught literally hundreds of fitpros through their Level 3 Anatomy and Physiology unit of the personal trainer ... Level 3 Anatomy and Physiology: The Heart
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