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(and sourdough starter!)

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Einkorn shares 100
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working with the grain
and its flour in a wide
variety of flavorful dishes,
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In *Einkorn: Recipes for Nature's Original Wheat*, Carla first provides her family's background, what led her to einkorn, and a brief history and explanation of the grain, comparing and contrasting it to others, as well as the differences in how einkorn is to be worked with in the kitchen.

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flavor "A completely
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has never been hybridized or modified, einkorn grew thousands of years ago in the Fertile Crescent.

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1 / 2cup (60 g)

powdered sugar Pinch of
ground cinnamon Pinch
of ground ginger. 1

Preheat the oven to
350 ° f. Grease a

4 1 / 2 x 8 1 / 2-inch loaf
pan. 2 5MAKE THE

BREAD: In a large bowl,
sift together the flour,
baking soda, and salt.

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ORIGINAL WHEAT

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grain. A bonus: einkorn
has over 5% more
protein than durum
wheat flour. Carla's book
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Cookies--as well as
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breads like Classic
French Boule and buttery
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