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Drs. Travis Bradberry and Jean Greaves are award-winning authors and the cofounders of TalentSmart®\_the world's #1 provider of emotional intelligence tests and training, serving more than 75% of Fortune 500

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This audio summary will help you understand Emotional Intelligence 2.0 by Travis Bradberry. In this guide, you will find information about the field of emotional intelligence as well as how to develop the four areas: Self-awareness; Self-management Social awareness; Relationship management You will find 17 strategies for developing each area of EQ.

## Summary of Emotional Intelligence 2.0 by Travis Bradberry ...

FOREWORD BY PATRICK LENCIONI, BESTSELLING AUTHOR OF THE FIVE DYSFUNCTIONS OF A TEAM. Emotional Intelligence 2.0 is a book with a single purpose—increasing your EQ. Here's what people are saying about it: "Emotional Intelligence 2.0 succinctly explains how to deal with emotions creatively and employ our intelligence in a beneficial way."

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Drs. Travis Bradberry and Jean Greaves are award-winning authors and the cofounders of TalentSmart(r), a global think tank and consultancy that serves more than 75% of Fortune 500 companies and is the world s leading provider of emotional intelligence tests and training.

# Emotional Intelligence 2.0: Travis Bradberry: 9780974320625

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Travis Bradberry and Jean Greaves have written several award-winning books, such as The Emotional Intelligence Quick Book and Leadership 2.0. They're also the founders of TalentSmart, an international consultancy for emotional intelligence training in business.

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